



What is A Purposeful Life?

A Purposeful Life: Family Training Series is a community outreach project focused on increasing the capacity of self-advocates, siblings and family members to live a purposeful life. It's a collaborative project between Center on Disability and Development at Texas A&M University, Down Syndrome Association of Brazos Valley, Families of Autistic Children Engaged Together for Support, College Station ISD, Bryan ISD and the Brazos Center for Independent Living. Professionals, family members, and parents have worked together to develop the training and materials as well as to deliver the monthly training, all on a volunteer basis.

Additional details:

- Free sibling support group ages 7 and up
- Free child care (for ages 2+) available
- Free advocacy training for students ages 11 and up available
- Free dinner will be provided! Please RSVP to be on the list for dinner!
- For accessibility / transportation, please contact BVCIL at 979.776.5505. Transportation requests must be made one week prior to event date.

RSVP online at the CDD website:
<https://cdd.tamu.edu/service-outreach/purposeful-life/>

What do you like about the sibling support group?

- I feel I am supported by the group because they listen to what I say.
- Good conversations.
- It's fun!

What do you like about Purposeful Life Family Training?

- I've learned a lot and want to learn more so I can try to help my son.
- What I like about this activity is getting to hear from other parents that are facing similar issues.
- Very comfortable conversations. It's given in easy to understand ways.
- Free dinner and childcare!
- Learning different strategies to better support my child.



TEXAS A&M UNIVERSITY

Center on Disability
and Development

Aimee Ortiz-Day

Program Coordinator II

Center On Disability and Development

Texas A&M University

4225 TAMU

College Station, TX

77843-4225

Ph. (979) 862-2913

Fax (979) 862-1256

aday@tamu.edu

cdd.tamu.edu

Hablo español



You're Invited!



A Purposeful Life

Give them Roots and Wings

Free Workshop Series for Young
Self-Advocates and those who
support individuals with disabilities

We'd love to have you join us for our next Purposeful Life Family Training!

When: **1st Thursday of every month** from 6:00-7:30 p.m.
(check in begins at 5:45pm)

Where: **Central Church**
FZV0d V4#"
1991 FM 158 Rd.
College Station, TX 77845

RSVP online at the CDD website:

Zffbe!!Tlfzk!bgbaWg'La _ g' lfk

Topics:

October (, 20SS

G` W0S` V[Y7h'sSf[a` eS VFZM
DaW` 7VgUSf[a`.

November %20SS

4W0F0aWZM8ad [YSBSf WZlb
4W W8S_ [W0S VELZaa'e

December #, 20SS

Kagd 5Z[Vie : WfYZ [e` if <gef BZkeUSZ
Egbbad[YFZM17_ af[a` S'I WTWY.

February 2, 2023

Privacy, Boundaries, and Consent-
Strategies to Support Your Child.

March 2, 2023

Guardianship- Which is the Best Option
for Your Family?

April 6, 2023

Who Needs to Know About You or Your
Child's Disability? When and How You
Can Share That Information.

May 4, 2023

Life Lessons- Small Group Discussions on
Preparing Your Child for Independence.

Collaborating Organizations



TEXAS A&M UNIVERSITY
Center on Disability
and Development

<http://cdd.tamu.edu>

We support individuals with disabilities and their families to be change agents who are valued, contributing community members, as self-defined, through education, research, and knowledge dissemination.



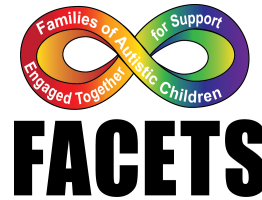
1869 Briarcrest Dr., Bryan, TX 77802
Phone: 979.776.5505 • Toll Free: 855.231.7575
Transportation Phone: 979.217.1475
info@bvcil.org • <http://bvcil.org/>

BVCIL's mission is promote the full inclusion and participation of individuals with disabilities in all aspects of community life.



www.bryanisd.org

Bryan ISD, through innovation and choice in educational offerings, will provide positive experiences that ensure high school graduation and post-secondary success.



www.facetsbcs.org • facetsbcs@gmail.com
Hablamos español

FACETS' mission is to promote the acceptance and inclusion of autistic individuals in our community. We provide social opportunities, support and educational resources for families, self-advocates and the Bryan/ College Station Community.



**DOWN SYNDROME
ASSOCIATION**
OF BRAZOS VALLEY

BZ4aj ####&5a^WVESf[a` , Texas 7788S
979-778-7010 • 979-693-6200 fax
dsabv@dsabv.org • <http://dsabv.org>

The mission of the Down Syndrome Association of Brazos Valley is to enlighten the public by promoting a positive understanding of Down syndrome in the community and be a source of support, information and education for families and individuals affected by Down syndrome.



www.csisd.org

CSISD prides itself student success, not only in the classroom, but in every aspect of the educational process.

CSISD- Our mission, in partnership with the community, is to provide a quality education that prepares our students for the challenges of life. Our vision is, Success: Each life. Each Day. Each hour.