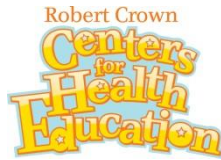


# Today I...

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brushed my teeth							
Showered							
Washed my face							
Shaved							
Put on deodorant							

YOU CAN USE THIS CHART TO KEEP TRACK OF HOW WELL YOU ARE TAKING CARE OF YOUR BODY.



# Today I...

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brushed my teeth							
Showered							
Washed my face							
Shaved							
Put on deodorant							

YOU CAN USE THIS CHART TO KEEP TRACK OF HOW WELL YOU ARE TAKING CARE OF YOUR BODY.

